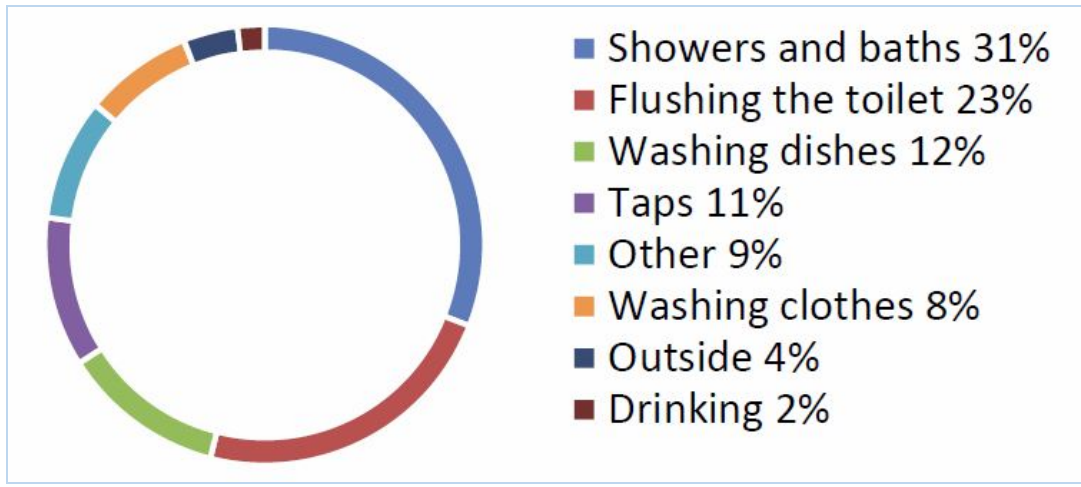


The average person uses 150 litres of water a day, 47 litres of which are baths or showers. What about you?



Bath

There are 50 litres of water in a shallow bath, 80 litres in a medium bath and 160 litres in a full bath. A bucket bath uses just 10 litres of water. Using that information fill out the following:

- I use litres of water when I have a bath.
- This is less than / about the same as / more than the average person ¹

Shower

We know that all showers have a flow rate of at least 5 litres/minute, that most showers in the UK use between 5 and 8 litres of water per minute, but that power showers use considerably more (often 15-20 litres per minute). So it's harder to work out whether your shower uses more or less water than the average person unless you actually measure the flow rate before you carry out this calculation.

So if you don't know use 'at least' and work it out as follows:

- I spend..... minutes in the shower
- The flow rate of my shower is 'at least' 5 litres a minute
- I use 'at least' litres of water when I have a shower
- This is less than / about the same as / more than the average person ²

¹ Remember to always rate yourself against the 47 litres of water figure

² Remember to always rate yourself against the 47 litres of water figure